Morning & Evening Prayers
By Aarif Billah Hadhrat Moulana Shah Hakeem Muhammad Akhtar Sahib D.B

Small Deeds, Great Rewards
By
Aarif Billah
Hadhrat Moulana Abdur Rauf Sahib D.B
Majaaz-e-Bayt, Maseehul Ummat Hadhrat Moulana Maseehullah Khan Sahib R.A.

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For all enquiries or to request a copy
Please contact:

Maseehul Ummat Publications
30 Spring Gardens, Central Estate
Batley, West Yorkshire
WF17 5QX, England, U.K.
Tel: 01924 470593
email: mup@orangehome.co.uk
Beloved, the opportunity to make taubah is still at hand.

He has not fallen who falls and pulls himself together.

(Hadhrat Mufti Muhammad Shafi Sahib R.A)
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بِلَادِ شَجَرَةَ الرَّجُلِ
Morning & Evening Prayers

By
Aarif Billah

Hadhrat Moulana Shah Hakeem Muhammad Akhtar Sahib D.B.
MORNING & EVENING DUAS

No 1: PROTECTION AGAINST ALL EVILS

Hadhrat Abdullah Bin Khubaib narrates that one dark, gloomy, rainy night, we came out in search of Rasoolullah. When we finally found him he said to us "READ". We asked "What must we read?" He replied: "Recite…

قُلْ هُوَ اللَّهُ أَحَدٌ
قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ
قُلْ أَعُوذُ بِرَبِّ النَّاسِ

… three (3) times morning and evening. It will suffice for you against all things (from the evils of witchcraft, black magic, mischief of Jinn etc)"

(Mishkaat, P.188)
بسم الله الرحمن الرحيم
قل هو الله أحد
الله الصمد
لم يولد
 ولم يولد
ولم يكُن له كفوف أحد

بسم الله الرحمن الرحيم
قل أعوذ برب الفلق
من شر ما خلف
و من شر غاصق إذا وقب
و من شر النفث
في العقد
و من شر حاسد إذا حسد

بسم الله الرحمن الرحيم
قل أعوذ برب الناس
ملك الناس
الله الناس
من شر الألوهوساء
الدخلاء
الذين يوسع في صدور الناس
من الجنة والناس
No 2: ELIMINATION OF THE GRIEF OF BOTH THE WORLDS

Hadhrat Abu Darda narrates that Rasoolullah mentioned: Whosoever recites Seven (7) times morning and evening the following dua, Allah will suffice for him by removing his grief of this world and the Hereafter.

(Roohul Ma'ani, P.53)
No 3: ANGELS SEEK FORGIVENESS ON ONE'S BEHALF

Hadhrat Ma'qal bin Yasaar narrates that Rasoolullah said: "Whoever recites three (3) times in the morning:

أَغْوَدُ بِأَنَّ مَهَابِي لِلَّهِ السَّمِيعِ الْعَلِيمِ
مِنَ الشَّيْطَانِ الرَّجِيمِ

And thereafter recites the last three Aayats of Surah Hashar once, 70,000 Angels are appointed by Allah, who seek forgiveness on his behalf till the evening. Should he die during the day, he will die as a Shaheed (Martyr). Whosoever recites the above in the evening will enjoy the same virtue till the morning. (Mishkaat, P.188)
The last three aayats of Surah Hashr
(Recite once)

هواللهالذىلااللهالاهوعلمللغيب
والشهادةجهوالرحمنالرحيم۲۲هوالله
الذىلااللهالاهوالملكالقديس
السلمالمؤمنالمهيدمنعزيزالجبار
المتكبرطسبحناللهعمايشركون۲۳
هواللهالخالقالبارالمصويرلهالأسماء
الحسنىطسبحلهمهافىالسموت
والارضجوهالعزيزالحكيم۳۲
No 4: PROTECTION AGAINST ALL HARM

Hadhrat Aban bin Uthman narrates that he heard his father saying that Rasoolullah mentioned: "Whosoever recites the following dua three (3) times in the morning and evening, will not be harmed by anything."

(Mishkaat, P.209)
Hadhrat Ma'qal bin Yasaar ﷺ narrates: Once I expressed my fears to Rasoolullah ﷺ over five things in my life. I feared that I would be misled or would deviate from the Siraatul Mustaqeem. The second was regarding my life. I feared harm or illness would befall me. The third was about my children, that they would suffer deeni or worldly harm. My fourth concern was my wife, that she too may suffer physical or spiritual harm. The fifth fear I had was over my wealth, should there occur a loss of income or property. After listening to my fears, Rasoolullah ﷺ taught me the following dua: (Kanzul-Ummaal, Vol:2, P.636)

بِسْمِ اللَّهِ عَلَى دُنْيَةِ وَ نَفْسِي
وَأَلْدَيْ وَ أَهْلِيْ وَ مَالِيْ

To be recited three (3) times morning and evening.
No 6: PROTECTION AGAINST LEPROSY, BLINDNESS, MADNESS & PARALYSIS

Recite three (3) times morning and evening

Hadrat Abu Hurairah ﷺ narrates that Rasoolullah ﷺ informed me "Recite 'Laa Hawla wa laa Quwwata illa billah' constantly, as it is amongst the treasures of Jannah"

During the blessed night of Me'raaj, Rasoolullah ﷺ passed by Hadrat Ibraheem ﷺ who instructed Rasoolullah ﷺ to order his Ummah to expand their garden of
paradise by reciting:

Seven (7) times  (Mirqaat, Vol 5)

**No7: DUROOD-E-TUNJEENA**
The blessings of this durood are abundant. It is a protection against all types of plagues and diseases. One experiences complete serenity and ecstasy of the heart. This durood is one that has been prescribed by the Walis of Allah, who in their experiences, have found it to be very effective.  

(Zaadus-Saeed)
Recite three (3) times

اللهم صلى على سيدنا
ومولانا محمد وعلى آل سيدنا
ومولانا محمد صلواته تنجينا بها من جميع الاحوال والأفات وتقصي لنا بها جميع الحاجات وتطهرنا بها من جميع السينات وترفعنا بها عندك أعلى الدرجات وتبلغنا بها أقصى الغايات من جميع الخيرات في الحياة وبعد السمات إنك على كل شيء قدير
No 8: PROTECTION AGAINST WITCHCRAFT

By reciting the following Aayat three (3) times morning and evening one will be protected from witchcraft. If one is already suffering from witchcraft, it will be removed:

قَالَ مَعْذَةً مَا وَلُتْمَ يَحْمِرُ رَبِّي الْبَيْحَرُ إنَّ اللَّهَ سَبِيلَةَ دَارِ اللَّهِ لَا يُصَلِّ الْمُفْسِدِينَ وَيَحْيِي اللَّهُ الْحَقَّ بِكَلِمَتِهِ وَلَوْ كَرَّ الْمُجَرِّمِينَ

No 9: PROTECTION AGAINST EVIL FATE AND SEVERE CALAMITIES

Rasoolullah ﷺ said: "O people! Seek Allah’s protection against severe calamities, trials & tribulations, misfortunes and wretchedness, evil fate and the taunts & malicious joy of the enemies." (Mirqat, Vol 5, P.222)
No 10: GAINING ALLAH’S GUIDANCE AND PROTECTION AGAINST THE EVILS OF THE HEART

Hadrat Imran bin Hussain narrates that Rasoolullah taught his father Hadrat Hussain the following two duas, which he used to read continuously:

Recite Seven (7) times

اللهم إني أعوذ بك من جهد البلاة ودرك الشقاء وسوء القضاء وشماتة الأعداء

Recite three (3) times

اللهم أليمي رضيدي واعدني من شر نفس

(Tirmidhi), (Jawaahirul Bukhari, P 571)
No 11: SAVIOUR FROM SHIRK-E-KHAFI

It is narrated on the authority of Hadhrat Abubakr Siddique  that Rasoolullah ﷺ said "Shirk among my Ummah is more imperceptible than the movement of an ant on a black stone." (Kanzul Ummaal, Vol 2, P816)

'Shirk' is extremely concealed since it is even more subtle than the pace of a black ant on a black stone during a dark night; i.e. Shirk enters into the heart (of a person) in an even more imperceptible fashion than the way that a black ant cannot be seen walking on a black stone during a dark night. And very few (people), including the one's with strong faith, can avoid this. Hence, what will be the state of the one's with weak faith. (Mirqaat, Vol 10, P70)

Upon hearing this, Hadhrat Abubakr Siddique  became worried and asked: "What is the method of salvation, and the way out from that?" Rasoolullah ﷺ said: "Shall I not show
you such a prayer which, if you recite, you will gain salvation from a little (amount of) shirk and a large (amount of) shirk, a minor (type of) shirk and a major (type of) shirk?"

Hadhrat Abubakr Siddique ﷺ requested: "Certainly inform us Oh Rasoolullah ﷺ!" Rasoolullah ﷺ said: "Keep reciting this dua…"

It should be recited three (3) times.
(Kanzul Ummaal, Vol 2, P816)

No 12: SAYYIDUL ISTIGHFAAR

Hadhrat Shaddaad bin Aus ﷺ narrates, Rasoolullah ﷺ stated that Sayyidul Istighfaar
(the most loftiest of all types of repentance), is that a servant says the following: (Bukhari)

(Recite Once)

"اللَّهُمَّ أَنَّتِ رَبِّي لَآ أَلِي إِلَّآ أَنَّتَ خَلْقِي وَآنَا عَبْدُكَ وَآنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَالِسَتْعَطُتْ أُوْذُبُكَ مِنْ شَرِّ مَاصَنُعْتْ أَبْوَاهُ لَكَ بِنَعْمَتِكَ عَلَيْ وَأَبْوَاهُ بِذَنْبِي فَاغْفِرْ لِيْ فَأَنَّهُ لَا يَغْفِرُ الْذَٰلِكَ إِلَّآ أَنَّتَ"

Note: This dua has been mentioned in a hadeeth of Bukhari Shareef and Nasa'i Shareef. The narrator of this hadeeth is Hadhrat Shaddaad bin Aus. He relates that Rasoolullah declared: "Whosoever recites this dua during the day and then dies before night, he will be from the inhabitants of Jannah, and whosoever recites it during the night and then dies before morning comes, he
too will be from the inhabitants of Jannah."
The secret of this extraordinary virtue of this
Istighfaar is apparently only this that every
single word of it is overflowing with the spirit
of servitude.

No 13: THE MOST
COMPREHENSIVE OF DUAS

The following duaa is such a comprehensive
duaa that it includes in it all the duaas of
Rasoolullah ﷺ over 23 years. It should be
recited once. (Jawaahirul Bukhari, P572)

Hadhrat Abu Umaamah ﷺ narrates that Nabi
made a large number of duaas during his
lifetime. However, a few of us could barely
remember any. We asked: "O Rasoolullah
ﷺ! You have made so many duaas, but we are
unable to even remember a few."

Rasoolullah ﷺ replied: "Should I not show
you such a comprehensive duaa that includes
all duaas? Read the following:"
(Recite Once)

اللهم إني استللك
من خير ماسالك مني نبيك
محمود صلى الله عليه وسلم واعوذ بيك
من نهر ماستعاذ منه نبيك محمود
صلى الله عليه وسلم وآنت المستعان
وعليك البلاغ ولا حول
ولا قوة إلا بالله

(Tirmidhi, Vol 2, P192)
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SMALL DEEDS, GREAT REWARDS

By Hadhrat Moulana Abdur Rauf Sahib D.B.
Majaaz-e-Bayt, Maseehul Ummat
Hadhrat Moulana Maseehullah Khan Sahib R.A.
Surely, Allah and His angels send blessings to the Prophet. O you who believe, do pray Allah to bless him, and send your Salaam (prayer for his being in peace) to him in abundance.

(Surah Al-Ahzaab: Aayah 56)
Say, "Praise belongs to Allah, and peace be on those of His servants whom He has chosen." (Surah Al-Naml: Aayah 59)

**VIRTUES OF DUROOD SHAREEF**

Hadrat Anas Ṭḥ narrates that the Holy Prophet Ṭḥ said, "If somebody hears my name, he should ask blessing upon me. When a person asks one blessing upon me, Allah Ṭḥ sends ten blessings upon him, forgives ten of his sins, and raises him by ten degrees (in Paradise)."

Hadrat ibn Mas'ood Ṭḥ reports that Rasoolullah Ṭḥ said, "Verily the nearest of people to me on the day of Qiyaamah will be
those who recited most Salaat on me."

(Fadhaa'il e Durood Shareef)

Durood Shareef

DUROOD E IBRAAHIMI

Hadhramt Abdur Rahmaan bin Abi Laila said that once he paid a visit to Hadhrat Kaab bin Ujrad, Hadhrat Kaab asked him if he should present to him (i.e. Hadhrat Abdur Rahmaan) such a gift which he (Hadrat Kaab) heard from the Holy Prophet. On this Hadhrat Abdur Rahmaan requested him to tell. Hadhrat Kaab said, "Once we asked the Holy Prophet: 'O Rasoolullah! We have been taught by Allah how to offer salaam (salutation) upon you, but we do not know the correct way to ask blessings upon you and your family.' The Holy Prophet replied, 'Ask in the following way…'."
SUBSTITUTE OF ALMS

Hadhurat Abu Saeed Khudri narrates that Rasoolullah said: "If a person does not possess anything to give in alms, he should ask the blessings in the following manner:
This dua will be a substitute of alms for him; and a true believer is not satisfied from doing any goodness until he enters Paradise."

**A BIG MEASURE OF REWARD**

Hadhrat Abu Hurairah ﷺ narrated that he heard Rasoolullah ﷺ saying: The person who wants that the reward of his durood upon our family may be amounted in a big measure (on the day of Judgement), he should recite the following durood:

\[
	ext{اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ عَبْدِكَ وَرَسُولِكَ وَصَلِّ عَلَى الْمُؤْمِنِينَ وَالْمُؤْمِنَاتِ وَالْمُسْلِمِينَ وَالْمُسْلِمَاتِ}
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\]

\[
	ext{This dua will be a substitute of alms for him; and a true believer is not satisfied from doing any goodness until he enters Paradise."
}
80 YEARS OF SINS FORGIVEN

In another Hadeeth, Hadhrat Abu Hurairah narrates: "The sins of 80 years of that person will be forgiven who recites the following durood 80 times on Friday just after the Asr Salaat before he gets up from his place. That person will also get blessings of 80 years' worship for reciting the durood."

INTERCESSION OF RASOOLULLAH

Hadhrat Ruwaifa bin Thaabit al Ansaari narrated that he heard Rasoolullah saying: "My intercession becomes obligatory upon the person who says the following durood:"
REWARD WRITTEN BY
70 ANGELS FOR A THOUSAND DAYS

It has been reported by Hadhrat ibn Abbaas ﷺ that Rasoolullah ﷺ said, "The reward of the person who recites the following durood, will be the cause of much work (of writing) for seventy angels for one thousand days."

جَرِّى اللَّهُ عَنَّا مُحَمَّدًا مَا هُوَ أَهْلُهُ

DUROOD SHAREEF FOR SEEING RASOOLULLAH ﷺ IN ONE'S DREAM

Shaikh Abdul Haq Muhaddith Dehlavi (R.A) has written that if one recites the following
Durood Shareef a number of times before sleeping, one will be blessed with seeing Rasoolullah ﷺ in one's dream, Insha-Allah.

Sayyidina Umar ﷺ reported a hadeeth in which Rasoolullah ﷺ has said, "On the enlightened night (Friday night) and the enlightened day (Friday) recite much salawaat on me, because your salawaat are presented to me and (in return) I pray for you and beg forgiveness on your behalf.

All of the durood Shareef mentioned above were adapted from: Fadhla'il e Durood Shareef by Shaikhul Hadeeth Hadhrat Moulana Muhammad Zakariyyah Sahib R.A.
EQUAL TO TEN THOUSAND TIMES

It is related that this durood, when recited once, is equal to having recited durood ten thousand times.

Sayyidina Abul Abbas (R.A) has said that if anyone recites this durood three times during the day and as many times in the night, it is as though he continues reciting it all the time.
If anyone offers durood in the foregoing words a thousand times on Friday, before he dies, he will surely see his residence in Paradise.

**REMOVAL OF WORRIES**
If anyone blesses the Prophet ﷺ in these words again and again, his worries are removed from him by Allah ﷻ.

REPAYMENT OF DEBT

אֲלֹהיָם סָלִילֵךְ עַלְיוֹ מַחְמַד וָעֲלָיוּ אֱלֹהַ וָבָארְקֶךָ וָסַלִילֵךְ

Three things will be the portion of him who recites this durood one hundred times after the Zuhr Salaat (Noon Prayers).
1. He will never be in debt.
2. If he is already in debt, it will be paid off regardless of how much it may be.
3. He will not face accounting on the day of Resurrection.

HONOUR FOR CHILDREN

אֲלֹהיָם סָלִילֵךְ עַלְיוֹ שֵׁיָדִי הָאֲלָמִיִין חֵבְיַבְךָ

מַחְמַד וָאֱלֹהַ סֵלִיַּוָה אֵנָתָ לִהָ אָהֳלֵו וָבָארְקֶךָ

וָסַלִילֵךְ کَاذِلِكَ
If anyone dutifully repeats this durood seven times in the morning and as many times in the evening, Allah ﷺ will bestow honour on his children.

**PRESERVANCE OF FAITH**

If anyone repeats these words of durood fifty times during the day and as many times during the night, his faith will be preserved for ever.

All of the durood Shareef mentioned above were adapted from: A Beautiful Collection of Durood and Salaam by Hadhrat Mufti Abdur Rauf Sakkharwi Sahib D.B.
How to Die with Imaan:
Response to Adhaan and Duaa

Whosoever hears the call of Adhaan, man or woman, clean or unclean, should respond to it by repeating the same words of the Muadhdhin (the person calling out the Adhaan).

However, in response to 'Hayya alas Salaah' and 'Hayya alal Falaah' one should say: 'Laa hawla wa la quwwata illaa billah',

لاَ حَوْلَ وَلاَ قُوَّةَ إِلَّا بِاللَّهِ

and in response to 'Assalaatu khairum minan nawm' in the Fajr Adhaan one should reply: 'Sadaqta wa bararta'.

After completion of the Adhaan, listeners should recite Durood Shareef and the following duaa:
TRANSLITERATION:
Allahumma rabba haadhiihid - da'watit -
taammati was-salaatil qaa'imati aati
Muhammadanil-waseelata wal-fadheelata
wab-'ath-hu maqaamam mahmoodanil-ladhee
wa-'adtahu innaka laa tukhliful-meeaad.

TRANSLATION:
O Allah! Lord of this perfect call and of
the regular salaah (prayer) which is going to
be established! Kindly give Muhammad
the right of intercession and superiority; and
send him (on the day of Judgement) to the
best and the highest place (in Paradise) which You have promised him. Surely, You do not go against Your word.

According to a tradition in Sahih Bukhari, anyone who says the above duaa will be assured of the Holy Prophet's intercession in the hereafter. Commentators of Ahaadith say that this promise of intercession also carries with it glad tidings that the reciter will die with Imaan.

**DUAA BEFORE WUDHU**

It has been narrated by Hadhrat Abu Hurairah that Rasoolullah informed him "Oh Abu Hurairah! Whenever you perform wudhu recite:

بِسْمِ اللَّهِ وَ الْحَمْدُ لِلَّهِ

(The effect of it will be that) for as long as your wudhu remains, your Guardian Angels (Kaatibleen e Aamaal) will continue writing the same reward for you." (Ma'aariful Hadeeth, Vol 3)
DUAA FOR PARENTS

Allama Ainee (R.A) has quoted a hadeeth in his explanatory notes on Bukhari, to the following effect: Whosoever recites the following dua, and then requests Allah to transfer the reward earned thereby to the credit of his parents, is like one having fulfilled his obligations to them:

(Fadhaa’il Sadaqaat)

الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ، رَبِّ السَّمُوتِ وَرَبِّ الْأَرْضِ وَرَبِّ الْعَالَمِينَ، وَلَهُ الْكِرَامَةُ فِي السَّمُوتِ وَالْأَرْضِ وَهُوَ الْعَزِيزُ الْحَكِيمُ، لِلَّهِ

الْحَمْدُ لِلَّهِ رَبِّ السَّمُوتِ وَالْأَرْضِ رَبِّ الْعَالَمِينَ، وَلَهُ الْعَظْمَةُ فِي السَّمُوتِ وَالْأَرْضِ وَهُوَ الْعَزِيزُ الْحَكِيمُ، هُوَ الْمَلِكُ رَبِّ السَّمُوتِ وَرَبِّ الْأَرْضِ وَرَبِّ الْعَالَمِينَ، وَلَهُ النُّورُ فِي السَّمُوتِ وَالْأَرْضِ وَهُوَ الْعَزِيزُ الْحَكِيمُ.
Hadrat Ibn Abbas ﷺ says: "Somebody asked Rasoolullah ﷺ as to which of the acts is most virtuous. Rasoolullah ﷺ replied 'Al-Haal ul Murtahil'. The man inquired 'Oh Rasoolullah ﷺ! What is Al-Haal ul Murtahil?' Rasoolullah ﷺ replied, 'It is that particular reader of the Qur'an who starts reading from the beginning and continues until he reaches its end, and after the end, he starts at the beginning again. Wherever he stops, he proceeds further.'"

(Fadhaa'il Qur'an)

It is easy to participate in this virtuous act. By praying just over Five* pages or just Forty Aayats of the Holy Qur'an daily, you will be able to complete the recitation of the Holy Qur'an twice in a year (over the period of eleven months, as Ramadhan is excluded from this calculation). If you think about it, it
is even less than a quarter of a Para (Chapter) and will only take up a few minutes of your time. *Calculations based on a Copy of the Holy Qur'an which contains 848 pages. During the Blessed month of Ramadhan, you can aim to complete the recitation of the Holy Qur'an Three times by praying Three Paras (Chapters) each day, which is really not too much if you think about all the rewards which you will be getting for it.

Hadhrat Ibn Mas'ood  narrates that Rasoolullah  said: "Whosoever reads one letter of the Book of Allah  is credited with one blessing, and one blessing is equal to tenfold the like thereof in its reward. I do not say that Alif Laam Meem is one letter, but Alif is one letter, Laam is one letter, and Meem is one letter." (Fadhaa'il Qur'an)

It is said that there are approximately 323,760* Letters in the Holy Qur'an, so if we are credited with one blessing for each letter
which we recite then this will mean that we will be credited with over Three Hundred and Twenty Three Thousand blessings just for completing the recitation of the Holy Qur'an once, and since the reward for it will be multiplied by ten, one complete recitation of the Holy Qur'an will be equivalent to nearly Three and a Quarter Million rewards (3,237,600). If you think of one reward as one pound in your Bank Account in the Hereafter, wouldn't it be nice to arrive there as a Millionaire? May Allah give us all the guidance to act upon what we have learnt. Aameen.*Figure taken from 'Quran e Hakeem Encyclopedia by Dr. Zulfiqar Kazim' (Urdu Version)

**REVISION OF HIFZ MADE EASY**

**Complete the Qur'an Shareef twice in a year**

Did you know that by praying just three sequential Aayats of the Qur'an Shareef in each Rakaat of Sunnat e Mu'kida every day, you can make two khatams of the Qur'an
Shareef by memory before the end of the year?

Since there are 12 Rakaats of Sunnat e Mu'kida in one day, You can complete the recitation of:

- **36 Aayats in one day**
- **264 Aayats in one week** (This includes the 4 extra Rakaats of Sunnat e Mu'kida in Jumm'ah)
- **13,764 Aayats in one year**

Since there are approximately 6,666 Aayats in the Qur'an Shareef, which gives an average of 222 Aayats per each Para:

**You will have made two Khatams of the Qur'an Shareef and prayed an additional 432 Aayats (approximately just short of two Paras).**
Another easy way of Revising/Memorising the Qur'an Shareef

Also, did you know that by praying just three sequential Aayats of the Qur'an Shareef in each Rakaat of Sunnat e Mu'kida and also in Sunnat e Ghair Mu'kida every day, you can make three khatams of the Qur'an Shareef by memory before the end of the year?

Since there are 12 Rakaats of Sunnat e Mu'kida and 8 Rakaats of Sunnat e Ghair Mu'kida (A total of 20 Rakaats) in one day, you can complete the recitation of:

- 60 Aayats in one day
- 432 Aayats in one week (This includes the 4 extra Rakaats of Sunnat e Mu'kida in Jumm'ah)
- 22,524 Aayats in one year
Since there are approximately 6,666 Aayats in the Qur'an Shareef, which gives an average of 222 Aayats per each Para:

- You will have made three Khatams of the Qur'an Shareef and prayed an additional 2,526 Aayats (approximately over 11 Paras).

### THE IMPORTANCE OF ISTIGHFAAR, Durood Shareef AND THE 3RD KALIMAH

Rasoolullah ﷺ observed: "Whosoever continues to offer Istighfaar, Allah ﷺ will make for him a way out of every difficulty. He ﷺ will remove every fear from him and bestow ample means on him and grant him provisions from a source of which he had never thought of before."

Istighfaar is also a great means of cleansing the heart. The Messenger of Allah ﷺ observed: "Verily, dross also enters my heart.
and verily I offer Istighfaar to Allah ﷺ a hundred times daily without fail."

(A Gift for Muslim Women)

The following Istighfaar is just one of the many different forms of Istighfaar which are mentioned in some of the Ahaadeeth:

אֶֽסְרֵגֶּפֶּרُ אֱלֹהִ֥י אֲלֵ֖ם לֹא אֵלֹהִי אֱלֹהִי

אַחַר הַחֲיוֹתָּא בָּאָלֶֽהּ אֱלֹהִי

It means: "I seek Allah ﷺ's forgiveness, beside whom there is no God, The Ever-Living, The Eternal; and I repent to Him".

**Rasoolullah ﷺ states the virtue of sending Durood (Salutations) to him.**

Hadhurat Abu Talha Ansaari ﷺ reports that Rasoolullah ﷺ was in an extremely good mood one morning and his happiness could
actually be seen on his face. "O Rasoolullah ﷺ!" The Sahabah ﷺ said, "You seem to be in such a good mood today that your happiness can clearly be seen on your face." "I certainly am," Rasoolullah ﷺ confirmed, "a messenger from my Rabb ﷺ came to me today saying 'Whoever of your Ummah sends Durood to you once, Allah ﷺ will record the reward of ten good deeds to his account, will remove ten sins from his record, will elevate his stages by ten and will shower as much mercies on him in response.'" (Hayaatus Sahabah)

**The best form of Tasbeehaat are included in the Third Kalimah**

Hadhrat Samura bin Jundab ﷺ narrated that Rasoolullah ﷺ said "The most excellent words are four:

1. ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ 
2. ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ 
3. ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ 
4. ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ ﷺ
1. **Subhaanallah** (Glory be to Allah 

2. **Alhamdulillah** (Praise be to Allah 

3. **Laa ilaaha illallah** (There is no god but Allah 

4. **Allahu Akbar** (Allah is most Great).

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**The Treasure of Paradise**

Hadhurat Abu Hurairah narrated Rasoolullah as saying that reciting: 'Laa Hawla walaa Quwwata illa Billah (There is no might and no power except in Allah)' is a remedy for ninety nine diseases, the lightest of which is anxiety.

He said that Rasoolullah offered to guide him to a word under the Throne which was part of the treasure of Paradise, it being: 'Laa Hawla walaa Quwwata illa Billah (There
is no might and no power except in Allah (ﷻ). He added that Allah (ﷻ) says "My servant has resigned and submitted himself to Me." (The ways of The Holy Prophet Muhammad ﷺ)

Rasoolullah ﷺ said, "Whosoever says 'Laa Ilaaha Illallaah', his admittance into Paradise is guaranteed, and whosoever hymns one hundred times 'Subhaanallaahi Wa bihamdihi', he is credited with one hundred and twenty four thousand virtues." The Sahaaba ﷺ said "O Rasoolullah ﷺ! If such is the case then nobody will be doomed to destruction on the Day of Judgement because the virtues are sure to outweigh the sins." Rasoolullah ﷺ said, "Some people will even then be doomed
to destruction because some people will have so many virtues that a mountain may crumble under their weight, but these will be just nothing in comparison with Allah's bounties. However, Almighty Allah, out of His extreme mercy and grace, will rescue them."

Fadhaa'il e Zikr)

May Allah grant us all the guidance and ability to remember Him at all times, Aameen.

**VIRTUES OF KALIMAH TAYYIBAH**

How a few minutes of your time can save you from Hell

'A person who recites:

(Laa ilaaha illallaah) one hundred times a day, will on the day of Resurrection, be raised with his face shining like the full moon, and none can surpass him in excellence on that day except one who recites this Kalimah more than he.'

(Fadhaa'il e Zikr)
Shaikh Abu Yazeed Qurtubi (Rahmatullah Alaih) writes: "On learning that one who recites Laa Ilaaha illallaah seventy thousand times becomes safe from the fire of Hell, I completed this number once for my wife and then several times for my own self as a provision for the Hereafter.

There used to live near us a young man who was known to be blessed with the power of kashf (divine manifestation of unseen thing), even in respect of paradise and hell, but I hesitated to believe it. Once when this young man was dining with us, he uttered a cry of agony, his breathing became difficult and he exclaimed, 'I see my mother burning in the Fire of Hell."

When I saw him so perturbed, I thought of bestowing one of my complete seventy thousand recitations of the Kalimah in favour of his mother, so that the truth of what the young man said could be tested. I quietly did
so in my heart, without telling anybody else about it. But as soon as I did this, the young man felt relieved and said, 'O Uncle! My mother has been relieved of the punishment of Hell!' This incident proved useful to me in two ways: firstly, the blessing of reciting the Kalimah seventy thousand times was proved by actual experience, and secondly, it was established that the young man was truly blessed with the power of kashf."

According to the extract stated above, we can see what great virtue there is for the Kalimah Tayyibah. If we think about it, it is not so difficult to obtain this objective in order to safeguard ourselves and others from the fire of Hell.

This Kalimah can be completed 70,000 times in one month such as in the month of Ramadhan by praying it just 2,334 times each day for 30 days or 2,414 times for 29 days.
If that sounds too much as well, then by reciting the Kalimah just 200 times every day this objective can be realised by the end of the year. To be exact, it will take you 350 days to complete it, however, this will only take up a few minutes out of the 1,440 minutes (24 Hrs) which we are blessed with every day.

One of the things which Rasoolullah ﷺ said on the last day of Sha'baan, as reported by Hadhrat Salmaan ﷺ is that:

"And in this month, four things you should continue to perform in great number, two of which shall be to please your Lord ﷺ, while the other two shall be those without which you cannot do. Those which shall be to please your Lord ﷺ, are that you should in great quantity bear witness that there is no deity to worship except Allah ﷺ (i.e. recite the Kalimah Tayyibah - Laa Ilaaha illallaah) and make much Istighfaar (beg Allah ﷺ's forgiveness with Astaghfirullaah). And as for
those with which you cannot do, you should beg Allah for entrance into Paradise and ask refuge in Him from Jahannam (Hell)."

(Fadhaa'il e Ramadhan)

Rasoolullah ﷺ has said: "Whosoever recites the following ten times will be rewarded with forty thousand virtues":

It is said in another hadeeth: "Whoever recites:

Two million virtues will be written to his credit.

(Fadhaa'il e Zikr)"
VIRTUES OF TARAAWEEH

Hadrat Abu Saeed Khudhri narrates that Rasoolullah said: "The Doors of the Heavens are opened up on the first night of Ramadhan. Not a single Door (among the Doors of Heaven) is then closed until the last night of Ramadhan. For every Salaat performed (this refers to Taraaweeh Salaat) during the nights of Ramadhan, Allah records one and a half thousand deeds for every Sajdah (of that Salaat) and Allah creates in Jannah a mansion of Red Ya'koot (a precious stone in Jannah). This mansion will have sixty thousand entrances. (So huge will be these entrances that in each entrance will be located) a Palace of Gold adorned with Red Ya'koot." (Hayaatul Muslimeen)

The above extract informs us of what great blessings there are in performing just one Sajdah of the Taraaweeh Salaat. We are told that we gain 1,500 good deeds recorded for every Sajdah of Taraaweeh performed.
Furthermore, for each Sajdah, we are gifted with a Huge Mansion made from Red Ya'koot. This means that for praying just one full Taraaweeh Salaat (performing 40 Sajdahs) we are blessed with having 60,000 deeds recorded for us and Allah creates 40 of these great Mansions for us. What's more, for praying the Taraaweeh Salaat every night of the month of Ramadhan (30 Taraaweeh Salaats), 1.8 million good deeds are recorded for us and 1,200 of the Beautiful Mansions are created for us and each of these Mansions will have 60,000 individual entrances and each entrance will have its own Palace made of Gold and adorned with precious Red Ya'koot. Did you know that by the end of the month we are able to acquire 72 Million Mansions made of Gold?
During one's stay at Makkah Mukarramah, one can attain great rewards by putting the following points into practice:

- Tawaaf should be performed as many times as possible.
- The first kalimah should be recited abundantly.
- Dua should be made frequently.

Whilst in Makkah Mukarramah, men should make full effort of praying Salaah with jamaat at the Masjidul Haraam, where the reward of praying one Salaah is 100,000 times greater.

Since the reward for praying a namaaz with jamaat is multiplied by 27, one Fardh Salaah performed with jamaat at the Masjidul Haraam is equal to the reward of praying 2.7 Million namaaz.

The reward for praying just five of the
daily namaaz at Masjidul Haraam with jamaat is equal to the reward of praying 13.5 Million Salaah.

(Anmol Hajj, P.66)

One must remember that in the same way that the reward of righteous deeds are increased in Makkah Mukarramah, the punishment for any sins committed in the Holy Place is also multiplied tremendously.

Imam Ghazali (R.A.) wrote that any sinful act is very strongly prohibited in Makkah Mukarramah and therefore, the committer of such acts can very easily earn the anger of Allah (слах).

(Fadhaa'il e Hajj)

From the time of wearing the Ihraam, one should start reciting the following words of the Talbiyah:

الله‌مَ اني لَيْكَ رَبّي، لَيْكَ رَبّي، لَا شَرِيكَ لِي
الله‌مَ انّي لَيْكَ رَبّي، رَبّي، لَا شَرِيكَ لِي
الْحَمْدُ وَالْنيَمَةُ لِكَ
الْمُلُوكَ لَا شَرِيكَ لِكَ
LABBAYK ALLAHUMMA LABBAYK, LABBAYKA LAA SHAREEKA LAKA LABBAYK. INNAL HAMDA WAN NI'MATA LAKA WAL MULK, LAA SHAREEKA LAK.

In Hajj, the Talbiyah is only to be recited until the time of pelting the first shaytaan. One must stop reciting the Talbiyah when one starts pelting the first shaytaan, and must not continue praying it thereafter.

In Umrah, the Talbiyah is only to be recited until the time of starting the Tawaaf. One must not pray it thereafter. (Mu'allim ul Hujjaj)

One should maintain patience during Hajj travel at every place, especially when embarking on buses, coaches, aeroplanes, etc; and at the time of occupying tents and during the period of their stay in tents.

(Mufti Yusuf Bismillah Sahib, Dhabeli D.B.)
VIRTUES OF MADINAH MUNAWWARAH

Rasoolullah ﷺ has said to the nearest meaning "Whoever visits me and has no other motive, has a right over me that I intercede on his behalf."

(Tabraani)

In view of this hadeeth, it has been concluded that on one's first visit to Madinah, the niyyah (intention) should be made for visiting the Prophet's Grave only.

If one gets the opportunity to visit Madinah for a second time, then this time, one should make the niyyah (intention) of visiting both; the Grave and the Masjid.

(Fadha'il e Hajj)

Hadhrat Anas ﷺ reports that Rasoolullah ﷺ said: Whoever visits me in Madinah, with the object of gaining spiritual reward, shall be in my company and for him I shall be an intercessor on the day of Qiyaamah.

(Hayaatul Muslimeen)

Hadhrat Moulana Haji Farooq Sahib
Sakkharwi R.A. says that he learnt the following from Hadhrat Hakeemul Ummat Moulana Ashraf Ali Sahib Thanwi R.A: He informed that when one travels to Madinah Tayyibah, whilst on the journey, recite Surat-ul-Kawthar 1000 times \( \text{إِنَّا أَغْفَرْتُ لَكُمْ } \) \( \text{Rasoolullah } \) becomes very pleased by this deed. After recitation, the reward of it should be bestowed upon the blessed Soul of Rasoolullah \( \). (Baargaah e Risaalat e Ma'aab)

It must be stressed that there should be a sincere intention to perform Ziyaarah as all actions are judged by intentions. It must be borne in mind that Ziyaarah must be performed to please Allah \( \) exclusively. Do not let the thought enter your mind that you are going on a trip or a holiday. No! You are going to Madinah Munawwarah, the city which Allah \( \) had chosen for His Messenger and the place where His deen became victorious. In Madinah, one finds the spots where Rasoolullah's \( \) feet once trod.
One must travel with great enthusiasm towards Madinah. If a biography of the Prophet is available, read it or have it read for others to listen to, so that all thoughts are focused on the life of Rasoolullah, so much so that, when one enters Madinah, one does so with great longing.

(How to perform Ziyaarah)

During one's stay at Madinah Munawwarah, one can attain great virtues by putting the following points into practice:

- The Durood Shareef should be recited as much as possible. One can pray whichever Durood is easiest as there is no specific Durood Shareef to pray.
- One must also practise as many Sunnats of Rasoolullah as possible.
- Men should make full effort of praying 40 Salaah in Masjid-un-Nabawi with Takbir-e-Ulaa.
- The reward for praying one Salaah in
Masjid-un-Nabawi is equal to the reward of praying 50,000 Salaah.

Whilst in Madinah, one must have total respect for the Holy place as it is the blessed place of Rasoolullah ﷺ and the resting place of our Beloved Prophet ﷺ and his respected Companions ﷺ.

DUAAS TO READ AT THE RAUDHAH

At the Raudhah (Blessed Grave) of Nabi ﷺ, recite the following once:

أَنَّ اللَّهَ وَ مَلَائَكَتَهُ يُصَلُّونَ عَلَى النَّبِيِّ 탈ِيَّةٌ

الذِّيْنَ امْتَنُوا صَلُّوَ عَلَيْهِ وَ سَلَّمُوْتِهِ تَسْلَیْمًا

Thereafter, recite the following 70 times:

صَلِّي اللَّهُ عَلَيْكَ یَا رَسُولَ اللَّهِ

Thereafter we should recite:

السَّلَامُ عَلَيْكَ یَا رَسُولَ اللَّهِ، السَّلَامُ عَلَيْكَ یَا نَبِیَّ اللَّهِ، السَّلَامُ عَلَيْكَ یَا خَیْرَ
DUAA TO READ AT RUKNE YAMAANI
WHILST PERFORMING TAWAAF
Recite the following dua at Rukne Yamaani whilst performing Tawaaf.

اللهُمَّ إِنِّي أَسْتَلْكَ الْعُفُوَّةَ وَالْعَافِقِيَّةَ فِي الدُّنْيَا وَالآخِرَةِ رَبَّنَا اتَّنَا فِي الدُّنْيَا حَسَنَةً وَفِي
الآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

DUAAS TO READ IN ARAFAH AFTER ZAWAAL
At Arafah, face the Qiblah after Zawaal and recite the following 100 times:

لا إِلَهِ إِلَّا اللَّهُ وَحَدَّةً لَا شَرِيكَ لِهِ لَهُ الْمُلْكُ
Thereafter, recite the following 100 times:

قُلْ هُوَ الَّذِي آخَذَ الْحَقَّ مِن كُلِّ شَيْءٍ قَدِيرٌ

Finally, recite the following durood shareef 100 times also:

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَ عَلَى آلِ مُحَمَّدٍ
كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَ عَلَى آلِ إِبْرَاهِيمِ
أَنَّكَ حَمِيدٌ مَّجِيدٌ وَ عَلَيْنَا مَعْهُمُ

وَأَخِرًا صَوْعَانَا عَلَى الْحَمْدِ الْلَهَّ رَبِّ الْعَالَمِينَ